



PHI BETA SIGMA FRATERNITY, INC.
MONTGOMERY COUNTY ALUMNI CHAPTER
SILVER SPRING, MARYLAND

Community Health Fair & Healthy Food Giveaway creates an opportunity for brothers to give back to the local Montgomery County Community.

By: Leon Valentine



Brother Jacob Gillison and Joey Luckett, Director of Social Action

On Friday, August 25th, the First Alliance Church of Silver Spring, Maryland, and Phi Beta Sigma Fraternity, Incorporated, Sigma Sigma Sigma Chapter teamed up to host the 2023 Community Health Fair and Healthy Food Giveaway that launched the weekend of events for the John Lewis Beloved Community Day Celebration.

Citizens of the Montgomery County community gathered to attend the health fair and food giveaway. Executive Pastor and Brother Allen Grimes of First Alliance Church, Brother Joey Luckett, Director of Social Action, and the Beloved Community Day Committee stressed the importance of giving to the less fortunate or those needing resources regarding better health alternatives for themselves and their families. “[This is] an imperative and impactful event for the Silver Spring community. [It] not only allows our brothers to serve, but also creates resources that allows community members to receive a takeaway to increase

better health habits for a better life,” says Luckett. There were over 74 families and 253 individuals in attendance. The event was a success with Sigma brothers and members of the First Alliance Church serving over 470 people.

The Community Health Fair and Healthy Food Giveaway is a valuable health education event that not only provides food and resources but sets a precedent as to the importance of physical and mental health within the Black community. Held during the weekend of the John Lewis Beloved Community Day, the Brothers of Sigma Sigma Sigma chapter are hoping to expand continuing efforts on a quarterly basis. Health and wellness are important points of conversation growing within the Black community. This event provided the Montgomery County community with examples of how to take care of one’s health and was a call to action for the Brothers to serve.



Brother Tyson